

What We Offer

WHAT We Do

Parenting
Programme

Research-Backed
Therapeutic
Mediation

1:1 Therapy



Individuals +
Co-parents

Co-parents aiming
to settle child
arrangements in a
child-centred way

Children +
Adults

WHO This Is For



Parenting Programme



Child Arrangements

Backed by **neuroscience**

Grounded in **children's needs**



1. Research Based Psychometric Testing

- Brain wiring
- Stress responses
- What their nervous system needs to stay regulated
- The dynamic between co-parents brain wirings outside of the matter they are bringing



2. Analysis On The Children's Needs

- Psychometric testing
- 1:1 sessions with the child (aged 11+)



3.1:1 Equity Building



4. Research Backed
Educational Sessions,
Specific To Their Situation

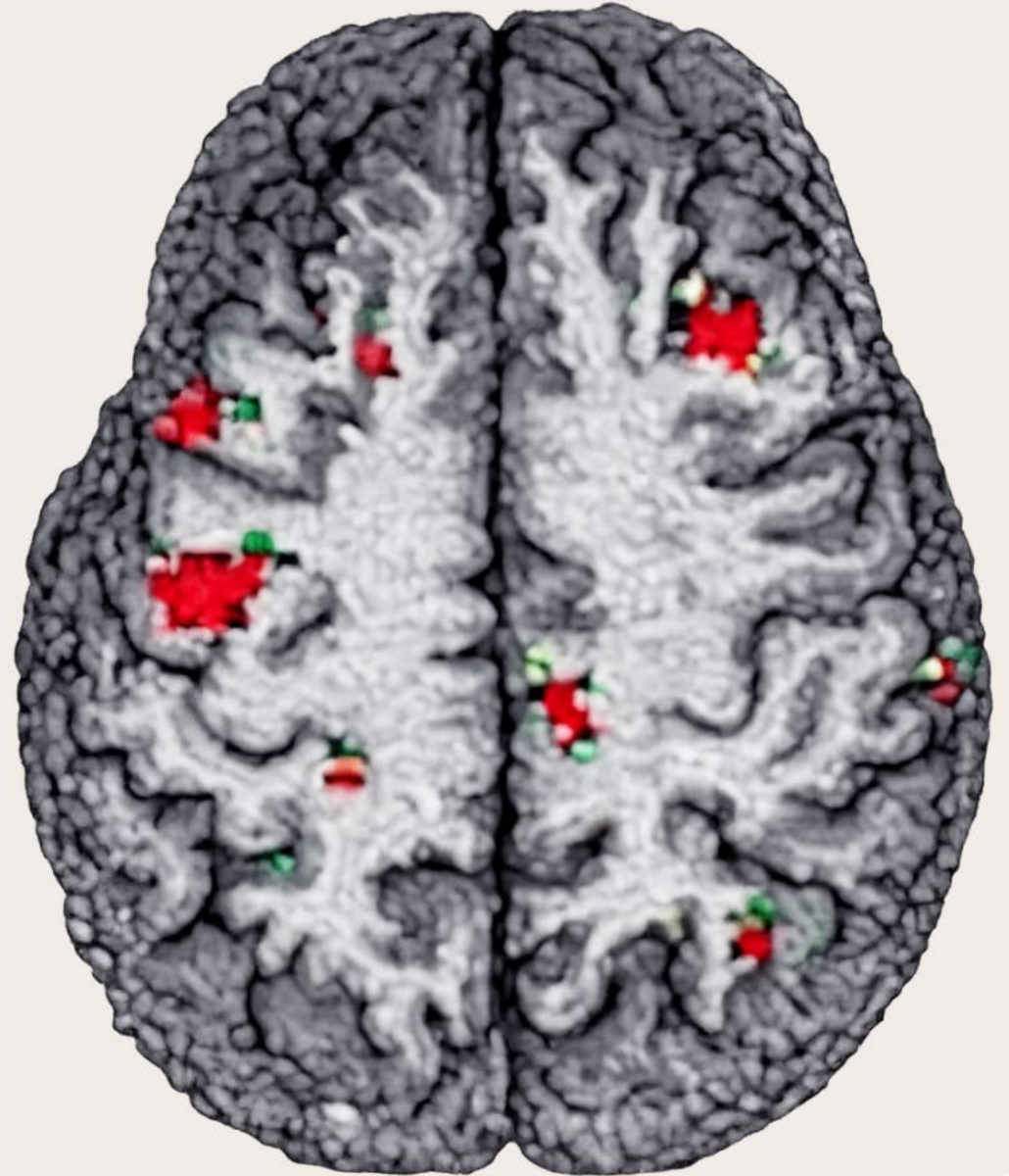


Guided Resolution

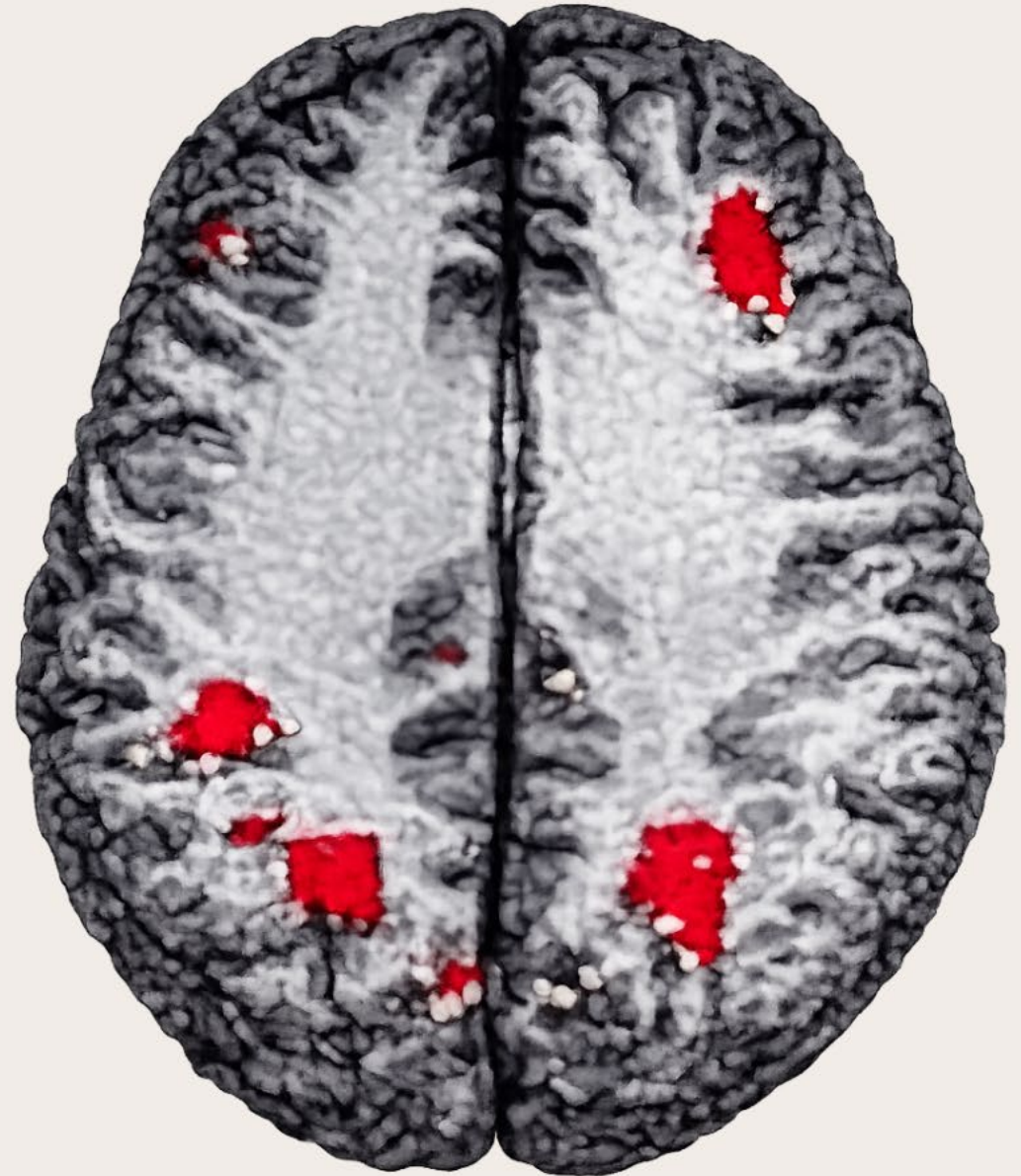
- Shuttle
- Joint



Brain during a
mundane task



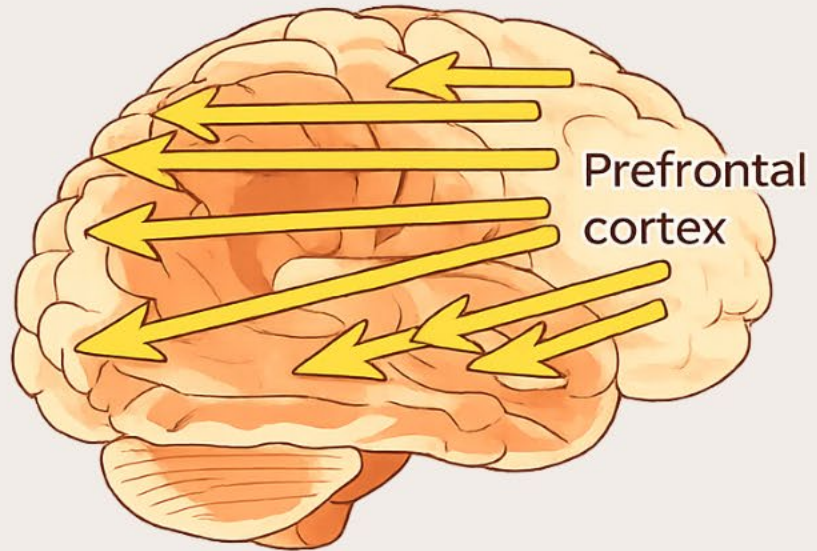
Brain activity of
someone who was
asked to think about
**a person they were
in conflict with**



Brain activity of
someone who watched
a video of **the person
they were in conflict
with**, where the person
was **talking about an
unrelated matter**

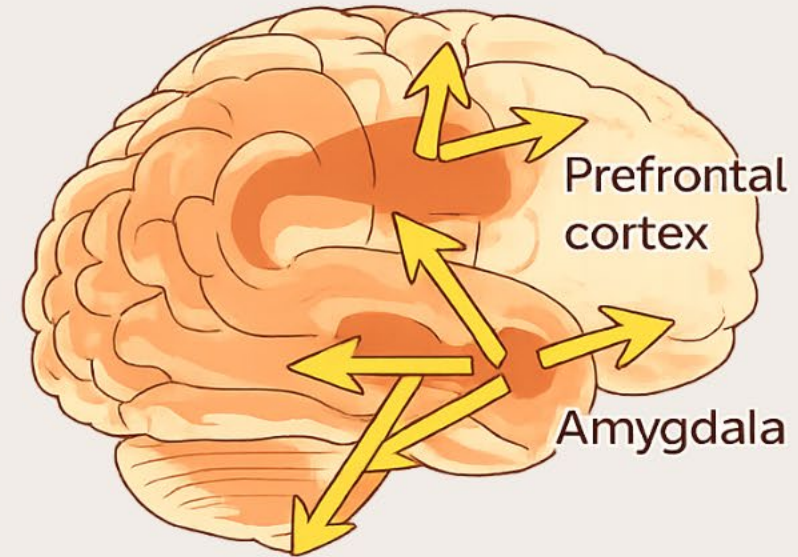


Unstressed



Tight control of thoughts,
emotions and actions

Stressed



Weaker control of thoughts,
emotions and actions



Therapy and Coaching

- Stop clients from destroying their own case
- Working hand in hand with solicitors
- Court regulation support
- Adults and children aged 11+

